

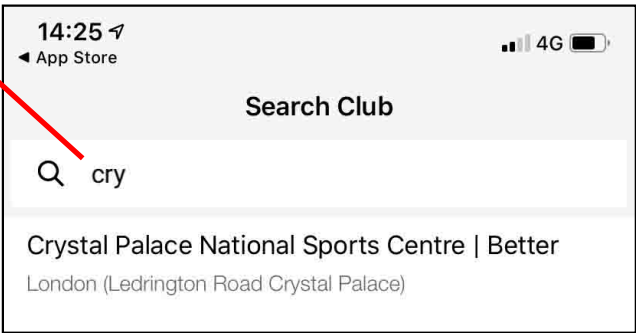
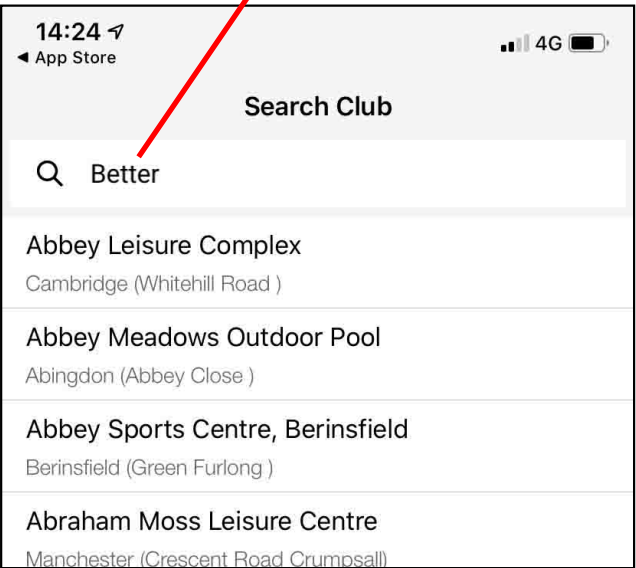
# How to get on to the app and book sessions

Download the “better UK” app from the links below to book the sessions online.

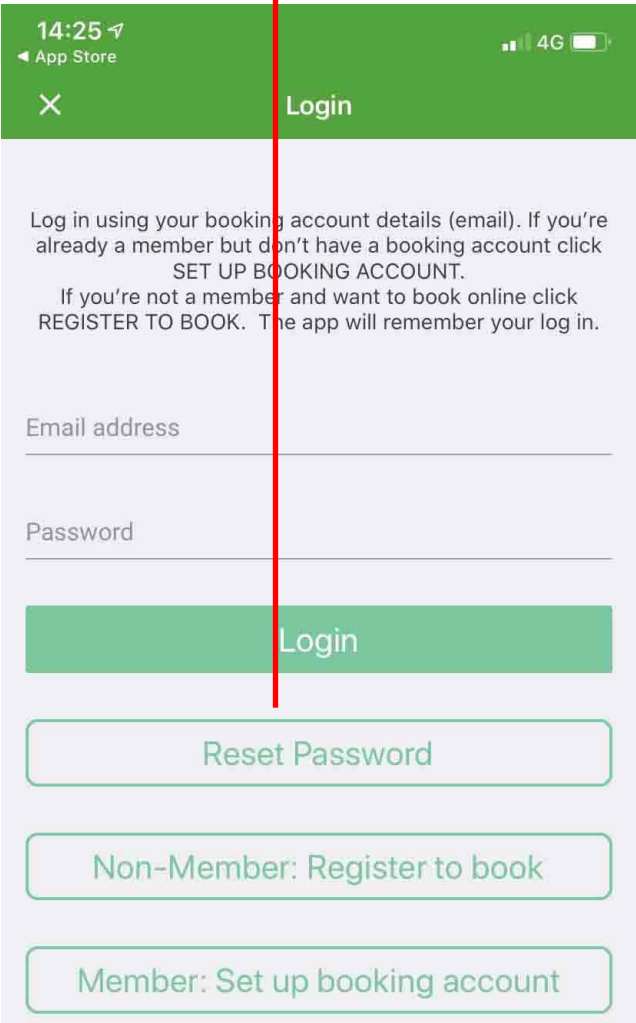
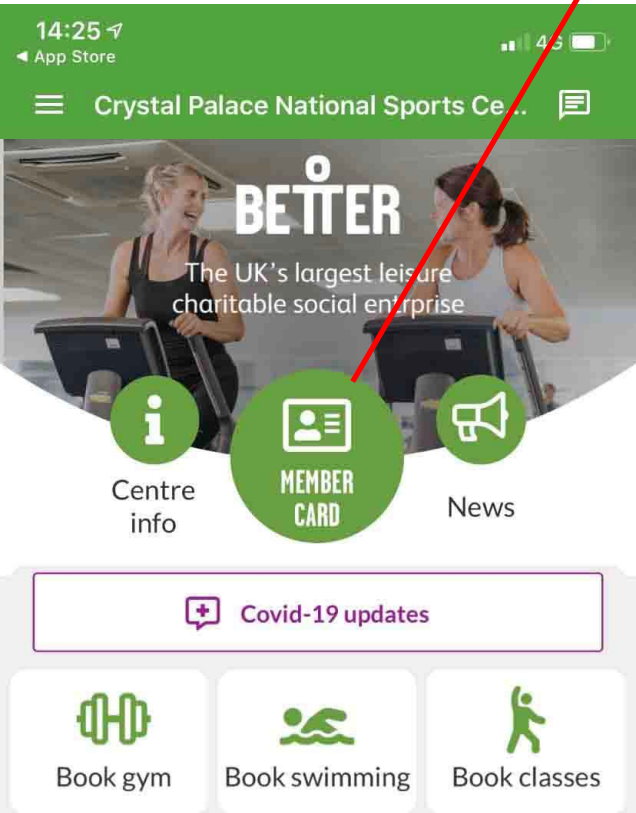
Play store - [https://play.google.com/store/apps/details?id=com.innovatise.bettergll&hl=en\\_GB](https://play.google.com/store/apps/details?id=com.innovatise.bettergll&hl=en_GB)

Apple store <https://apps.apple.com/gb/app/better-uk/id1488614267>

**Step 1- Search for Crystal Palace on the app. list.**  
**Or remove Better and type Crystal to speed up the search.**



**Now Click on the green button Membercard and it will take you to the log in page - there click Reset Password and reset**



Once password reset request has been submitted, go on to your emails and choose new password

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Reset Password

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← Back

Reset Password

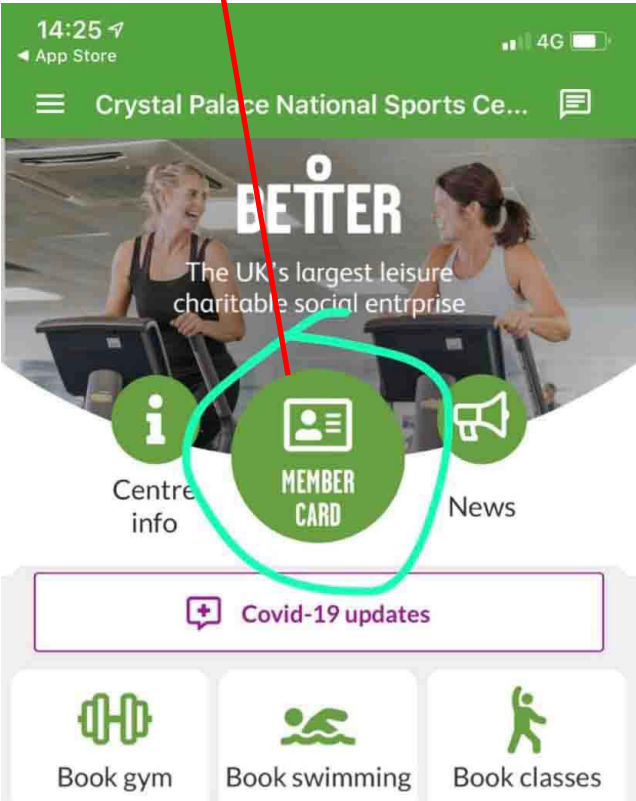
Email Address:

user@domain.com

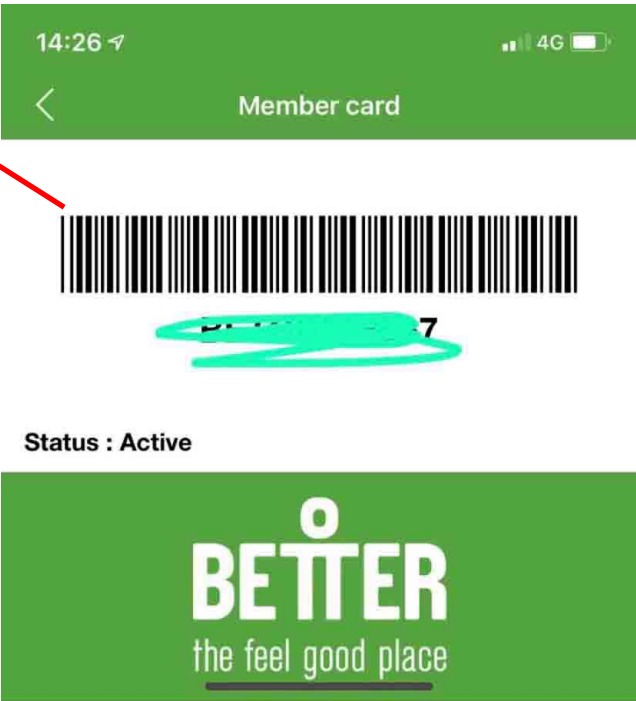
Submit

After submitting this form, you will receive an e-mail with the instructions telling you how to reset your password.

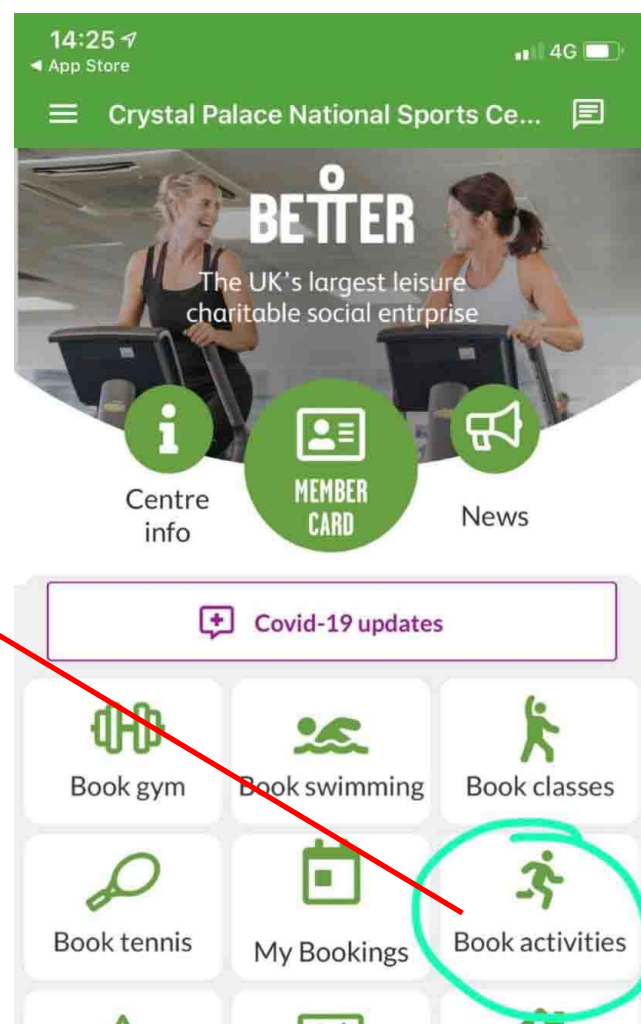
Once you have the new password go back to app and click Member Card and login there



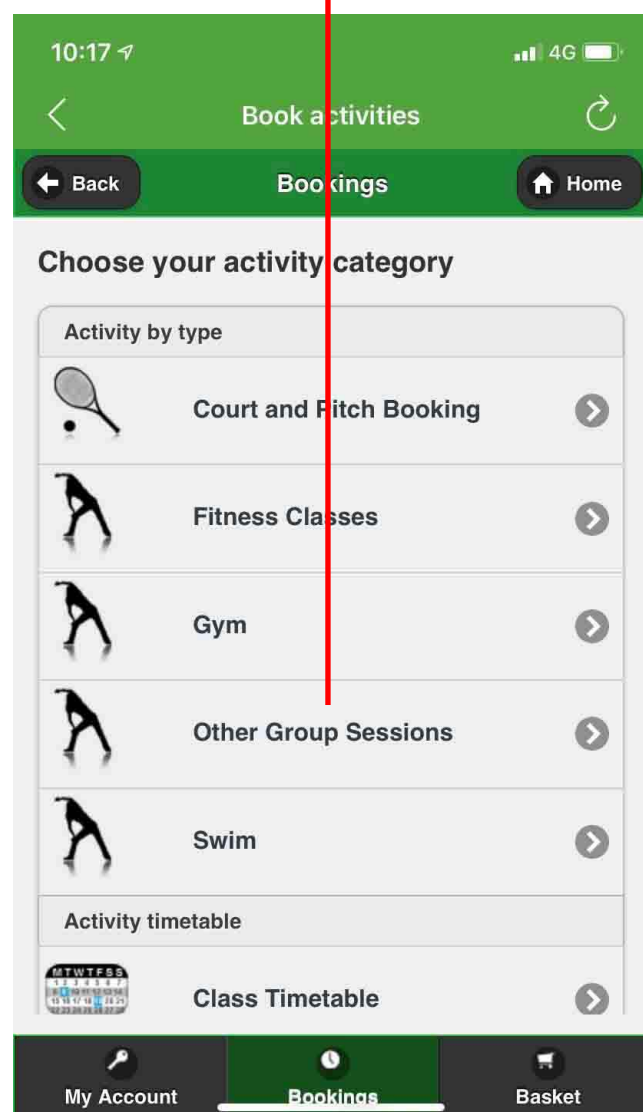
Once logged in it will show your digital barcode to scan on the barrier at the centre.



Now go back to the app. home page and click **Book activities** section.



Click on make bookings and then on **Other Group Sessions**



And then click on **Athletics Track Sessions.**

